

Scope and Target Population:

This guideline is targeted toward identification of adult patients at risk for osteoporosis, as well as identification and treatment of those patients with osteoporosis.

Aims:

1. Increase the percentage of female patients age 18 years and older who are evaluated for osteoporosis risk factors during a preventive visit.
2. Increase the percentage of female and male patients age 50 years and older and diagnosed with osteoporosis who receive treatment for osteoporosis.
3. Improve diagnostic and therapeutic follow-up for osteoporosis of adults presenting with a history of low-impact (fragility) fracture for men and women age 50 or older.

Clinical Highlights:

- Discuss risk factors for osteoporosis, and primary prevention with all patients presenting for routine health visits.
- Address pharmacologic options for prevention and treatment of osteoporosis with appropriate patients at risk for or who currently have signs and symptoms of osteoporosis.