

The subdivision of this section is:

- Appendix B – Medication Tables

Appendix B – Asthma Medication Summary Tables

Medication Class: Combination – Inhaled Corticosteroids (ICS) and Long-Acting Beta2-Agonist					
Medication Name	Indication	Doses/Strengths	Priming	Cleaning	Website Link
Advair Diskus (fluticasone propionate and salmeterol)	4 years and older	One inhalation twice daily 100/50 mcg, 250/50, 500/50 (60 doses)	No priming necessary.	Wipe mouthpiece with dry cloth.	https://www.advair.com/about-advair.html
Advair HFA (fluticasone and salmeterol)	12 years and older	Two inhalations twice daily 45/21mcg, 115/21, 230/21 per inhalation (60 or 120 actuations)	New: Shake 5 seconds then spray, repeat 3 more times, shaking between. If not used in 4 weeks or if dropped: 2 test sprays, shaking between.	Clean spray hole weekly with a dry cotton swab. Gently twist swab to remove any medication. Wipe mouthpiece with damp tissue and allow to dry. Do not remove canister from actuator.	https://www.advair.com/about-advair.html
Breo Ellipta DPI (fluticasone furoate and vilanterol)	18 years and older	One inhalation once daily 100/25 mcg (14 or 30 doses)	No priming necessary.	Clean mouthpiece with clean, dry tissue if needed.	http://www.mybreo.com/asthma.html
Dulera HFA (mometasone furoate, formoterol fumarate dehydrate)	12 years and older	Two inhalations twice daily 100/5 mcg or 200/5 mcg (60 or 120 actuations)	New and if not used in > 5 days: 4 sprays, shake between.	Clean mouthpiece with clean, dry tissue weekly.	https://www.dulera.com/mometasone_formoterol/dulera/index.jsp
Symbicort HFA (budesonide and formoterol fumarate dihydrate)	12 years and older	Two inhalations twice daily 80.4/4.5 mcg, 160/4.5 mcg	New and if not used in 7 days OR dropped: 2 test sprays, shake 5 seconds between.	Wipe inside and outside of mouthpiece with clean, dry cloth. Do not take inhaler apart.	https://www.mysymbicort.com/asthma.html

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Medication Class: Long-acting Beta2-Agonist (**Use with Corticosteroids)					
Medication Name	Indication	Doses/Strengths	Priming	Cleaning	Website Link
Serevent Diskus DPI (salmeterol xinafoate)	Four years and older Exercise-induced asthma	One inhalation twice daily 50 mcg (60 doses) One puff 30 minutes prior to exercise	No priming necessary	Wipe mouthpiece with dry cloth.	Not available
Medication Class: Inhaled Corticosteroids (ICS)					
Aerospan HFA (flunisolide)	6 years and older	Ages 6-11: 1-2 puffs twice daily Ages 12 and older: 2-4 puffs twice daily 80 mcg (60 or 120 doses)	New and if not used for 14 days: 2 test sprays	No cleaning required.	http://aerospanrx.com/
Alvesco HFA (ciclesonide)	12 years and older	80-320 mcg twice daily 80 mcg, 160 mcg (60 actuations)	New and if not used for >= 10 days: 3 test sprays	Clean mouthpiece and front hole where medicine comes out with clean, dry tissue weekly.	www.alvesco.us
Arnuity Ellipta DPI (fluticasone furoate)	12 years and older	1 inhalation, once daily 100 mcg, 200 mcg (30 doses)	No priming necessary	Clean mouthpiece with clean, dry tissue if needed.	www.arnuity.com
Asmanex Twisthaler DPI (mometasone furoate)	4 years and older	Ages 4-11: 110 mcg once daily Ages 12 and older: 220 mcg once daily-440 twice daily 110 mcg, 220 mcg (14, 30, 60, or 120 doses)	No priming necessary	Wipe mouthpiece with dry cloth after each use.	http://www.asmanex.com/asmanex-hfa/index.xhtml

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Medication Class: Inhaled Corticosteroids (ICS) (continued)					
Medication Name	Indication	Doses/Strengths	Priming	Cleaning	Website Link
Flovent HFA (fluticasone propionate)	4 years and older	Ages 4-11: 88 twice daily Ages 12 and older: 88-440 mcg twice daily 44 mcg, 110 mcg, 220 mcg (120 dose)	New: Shake 5 seconds then spray, repeat 3 more times, shaking between. If not used in 7 days: shake 5 seconds then 1 spray.	Clean spray hole weekly with dry cotton swab. Gently twist swab to remove any medications. Wipe mouthpiece with damp tissue and allow to dry. Don't remove canister from actuator.	https://www.gsksource.com/floventhfa
Flovent Diskus DPI (fluticasone propionate)	4 years and older	Ages 4-11: 50-100 mcg twice daily Ages 12 and older: 100-1000 mcg twice daily 50 mcg, 100 mcg, 250 mcg (60 doses)	No priming necessary.	Wipe mouthpiece with dry cloth.	Not available
Pulmicort Flexhaler DPI (budesonide)	6 years and older	Ages 6-17: 180-360 mcg twice daily Ages 18 and older: 360-720 mcg twice daily 90 mcg per dose (60 doses) 180 mcg per dose (120 doses)	New: hold upright, remove white lid, twist and click brown grip two times.	Wipe mouthpiece with dry cloth weekly.	www.pulmicortflexhalertouchpoints.com
Pulmicort Respules nebulizer (budesonide)	12 months to 8 years of age	0.5-1.0mg total daily dose 0.25 mg, 0.5 mg, or 1.0 mg per unit	Nebulized medications do not require priming.	Clean nebulizer per manufacturer's instructions.	https://www.pulmicortrespules.com/
QVAR HFA (beclomethasone dipropionate)	5 years and older	Ages 5-11: 40-80 mcg twice daily Ages 12 and older: 40-320 mcg twice daily 40 mcg, 80 mcg (120 actuations)	New and if not used for 10 days: 2 test sprays.	Wipe mouthpiece with dry cloth weekly.	www.qvar.com/asthma-control-inhaler-medicine/default.aspx

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Medication Class: Short-acting Beta2-Agonist					
Medication Name	Indication	Doses/Strengths	Priming	Cleaning	Website Link
Accuneb nebulizer (albuterol sulfate)	Treatment for bronchospasm: 2 to 12 years of age	Nebulize 3-4 times a day as needed 0.63 mg albuterol/ 3 mL 1.25 mg albuterol/ 3 mL	Nebulized medications do not require priming.	Clean nebulizer per manufacturer's instructions.	Not available
Albuterol Nebulizer (0.083%)	Treatment for bronchospasm: 2 years and older	Nebulize 2.5 mg (one vial) 3-4 times a day 2.5 mg/ 3 mL	Nebulized medications do not require priming.	Clean nebulizer per manufacturer's instructions.	Not available
ProAir HFA (albuterol sulfate)	Treatment for bronchospasm: 4 years and older	2 inhalations every 4-6 hours 90 mcg (200 doses)	New and if not used in > 2 weeks: 3 test sprays, shake before each spray.	Clean sleeve weekly with warm running water, allow to completely dry before using.	http://proair.com/hfa/about/
Proventil HFA (albuterol sulfate)	Treatment for bronchospasm: 4 years and older	2 inhalations every 4-6 hours 90 mcg (200 doses)	New and if not used in > 2 weeks: 4 test sprays.	Clean sleeve weekly with warm running water, allow to completely dry before using.	http://www.proventilhfa.com/pfha/index.xhtml
Ventolin HFA (albuterol sulfate)	Treatment for bronchospasm: 4 years and older	2 inhalations every 4-6 hours 90 mcg (200 doses)	New and if not used in > 2 weeks: 4 test sprays.	Clean sleeve weekly with warm running water, allow to completely dry before using.	http://www.ventolin.com/
Xopenex Nebulizer (levalbuterol)	Treatment for bronchospasm: 6 years and older	Ages 6-11: Nebulize 0.31-0.63 mg three times a day Ages 12 and older: Nebulize 0.63-1.25 mg three times a day 0.31/3 mL, 0.63/3 mL, 1.25/3 mL	Nebulized medications do not require priming.	Clean nebulizer per manufacturer's instructions.	Not available
Xopenex HFA (levalbuterol tartare)	Treatment for bronchospasm: 4 years and older	2 inhalations every 4-6 hours 45 mcg (200 doses)	New and if not used in >3 days: 4 test sprays.	Clean sleeve weekly with warm running water, allow to completely dry before using.	www.xopenex.com/

Medication Class: Long-acting Anticholinergic					
Medication Name	Indication	Doses/Strengths	Priming	Cleaning	Website Link
Spiriva Respimat (tiotropium bromide)	12 years and older	2 puffs once daily 1.25 mcg per puff	If not used for 3 days, release 1 puff towards the ground. If not used for > 21 days, turn clear base half a turn in the direction of the arrows until it clicks, open cap, and point inhaler toward group until a mist is visible. Repeat that process three more times.	Clean the mouthpiece, including the metal part inside the mouthpiece, with a damp cloth or tissue only, at least once a week.	https://www.spiriva.com/asthma/