



## June 2018 Issue

A NEW GENERATION OF COLLABORATION  
MN HEALTH COLLABORATIVE  
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FROM THE COMMUNITY

### A New Generation of Collaboration

"2017 marked an important transition year for ICSI. We took a careful look at where we were, and made the choice to direct our efforts toward supporting the collaborative work needed to impact the complex systemic challenges facing healthcare. In some ways, this is a return to ICSI's deepest roots...



Leaders saw a need for a new kind of collaborative table, to benefit patients, organizations, and our community as a whole. As a group, they would address problems that could not be solved by a single organization. Thus, ICSI became the backbone organization supporting the MN Health Collaborative..."



Read more in [ICSI's annual report](#), just released.



## MN Health Collaborative Post-Operative Opioid Prescribing

Surgeons within the MN Health Collaborative have begun a collaborative effort that uses a specific, nuanced approach to post-surgical opioid prescription. Developed in part as an answer to the lack of evidence-based guidelines for post-operative opioid use, the approach is based on available literature, expert consensus and community data relevant to the effort. These best practices and learnings will also be distributed to the healthcare community at large as efforts progress.

The new approach to post-operative opioid prescription expands upon the State of Minnesota's Department of Human Services (DHS) newly released guidelines. "We applaud DHS on its new guidelines, and want to build on that foundation by testing the approach recommended by surgeons within the Collaborative," said Claire Neely, M.D., Chief Medical Officer for ICSI. "We believe this work will provide a clearer determination of the varying pain management needs required by different surgical procedures. This effort will help support a significant need to develop more patient-centered prescription practices where opioids are concerned." Read the latest from the [MN Health Collaborative](#).



## ICSI Commentary on Hypertension

In late 2017, the American College of Cardiology (ACC), the American Heart Association (AHA), and nine other professional organizations released a new hypertension guideline. Because of its more stringent definition of hypertension, this guideline has generated some controversy. To provide practical guidance for Minnesota providers, ICSI convened an expert work group to review the guideline. [The resulting commentary](#) affirms key parts of the guideline, outlines and addresses important criticisms, presents challenges with operations and management, and offers key takeaways to share with patients.



## Tu Appointed to National Task Force



MN Health Collaborative member Harold K. Tu, MD, DMD, has been appointed by U.S. Department of Health and Human Services (HHS) Secretary Alex Azar to serve on the [Pain Management Best Practices Inter-Agency Task Force](#). The Task Force was established to propose updates to best practices and issue recommendations that address gaps or inconsistencies for managing chronic and acute pain. HHS is overseeing this effort with the U.S. Department of Veterans Affairs and U.S. Department of Defense.

Dr. Tu is Associate Professor and Director, Division of Oral and Maxillofacial Surgery, School of Dentistry of the University of Minnesota; Chairman of the Department of Dentistry at Fairview Hospital, University of Minnesota Medical School.

Serving on the MN Health Collaborative Acute Pain Prescribing working group, Dr Tu joins MN Health Collaborative colleague Dr. Halena Gazelka of Mayo on this national task force, featured in a previous issue of ICSI news.



## From the Community

### Measurement Matters - MNCM Annual Seminar on September 12

MN Community Measurement (MNCM) is looking forward to discussing the importance of using health care data for good at its Annual Seminar on September 12. Join your colleagues in quality measurement, quality improvement, patient care, cost containment and a diverse network of health and community leaders. You'll leave refreshed and inspired after a day of engaging, educational speakers and meaningful discussions focusing on a variety of perspectives.

**When: Wednesday, September 12, 2018 from 8 a.m. to 4:30 p.m.**

**Where: Earle Brown Heritage Center, Brooklyn Center**

[Learn more and register now!](#)

### Fast-Tracker for Mental Health Resources

Launched by the [Minnesota Mental Health Community Foundation](#) in 2012, [Fast-Tracker](#) is a free open-source online database of mental health services and substance use disorder treatment programs and resources. In 2017, Fast-Tracker added a second database and search tool for substance use disorder treatment programs.

All are welcome to visit [Fast-TrackerMN.org](#) to find resources and/or make referrals; it is used by providers, care coordinators, discharge planners, and other staff as well as the general public.

All service providers (mental health providers and clinics, and substance use disorder treatment programs) are also encouraged to post their information on Fast-Tracker. Together we can improve continuity of care and timely access to needed mental health and substance use disorder resources.

For more information, please call 651-426-6347 or email [fasttrackermn@gmail.com](mailto:fasttrackermn@gmail.com).



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