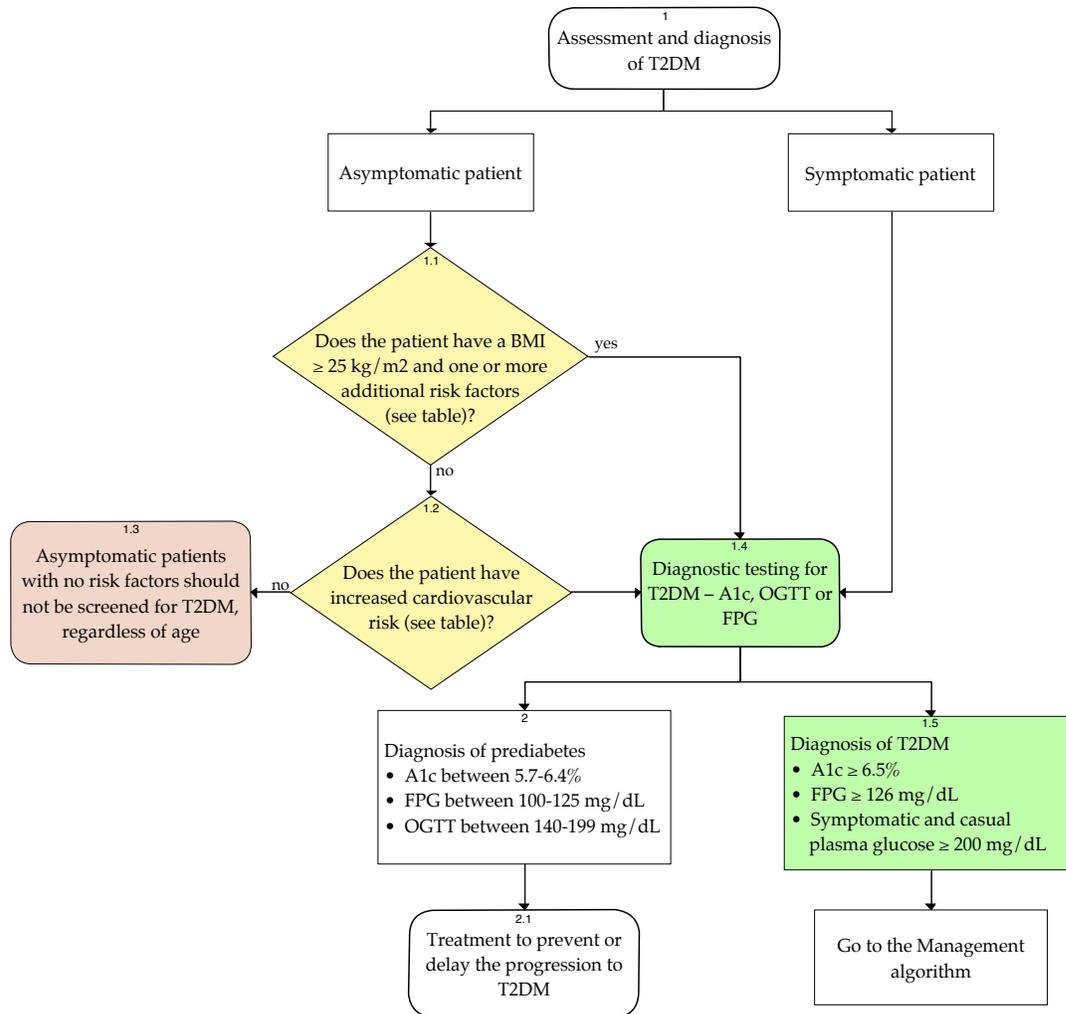


Diagnosis Algorithm



Risk Factors Table

1.1 BMI ≥ 25 kg/m² and one or more of the following risk factors:

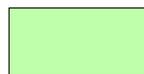
- High-risk race/ethnicity (e.g., African American, Latino, Native American, Asian American, Pacific Islander)
- Women who have delivered a baby weighing > 9 lb or were diagnosed with GDM
- Women with polycystic ovarian syndrome
- "Prediabetes" as defined by IFG, IGT or A1c on previous testing
- Other clinical conditions associated with insulin resistance (e.g., severe obesity, acanthosis nigricans)
- History of first degree relative with T2DM

1.2 Cardiovascular Risk Factors

- Established ASCVD
- Hypertension (blood pressure $\geq 140/90$ mmHg or on hypertension therapy)
- HDL cholesterol < 35 mg/dL
- Triglyceride level > 250 mg/dL
- LDL cholesterol > 70 and calculated 10 year cardiovascular event risk > 7.5 or on lipid lowering therapy



Shared decision-making with a full discussion of the risks and benefits of treatment and consideration of patient values and preferences.



A recommendation has been made and **should** be utilized; the benefit outweighs the harms for most patients.



A recommendation has been made and **may** be utilized; the benefit is felt to potentially outweigh the harms for most patients.



A recommendation against has been made; the harms outweigh the benefits for most patients.