

The subdivisions of this section are:

- Implementation Recommendations
- Implementation Tools and Resources

# Implementation Tools and Resources

## Criteria for Selecting Resources

The following tools and resources specific to the topic of the guideline were selected by the work group. Each item was reviewed thoroughly by at least one work group member. It is expected that users of these tools will establish the proper copyright prior to their use. The types of criteria the work group used are:

- The content supports the clinical and the implementation recommendations.
- Where possible, the content is supported by evidence-based research.
- The author, source and revision dates for the content is included where possible.
- The content is clear about potential biases and when appropriate conflicts of interests and/or disclaimers are noted where appropriate.

## Implementation Tools and Resources Table

Author/Organization	Title/Description	Audience	Web Sites/Order Information
<b>Comorbidities</b>			
American Cancer Society	Coping with physical and emotional changes.	Patients and Families	<a href="http://www.cancer.org/docroot/MBC/content/MBC_4_1X_Cancer_and_Depression.asp?sitearea=MBC">http://www.cancer.org/docroot/MBC/content/MBC_4_1X_Cancer_and_Depression.asp?sitearea=MBC</a>
Medication Assisted Treatment (MAT)	Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.	Health Care Professionals	<a href="http://www.samhsa.gov/medication-assisted-treatment">http://www.samhsa.gov/medication-assisted-treatment</a>
Screening, Brief Intervention and Referral to Treatment (SBIRT)	Provides an integrated, public health approach for early intervention and treatment services for persons with substance use disorders and those at risk.	Health Care Professionals	<a href="http://www.samhsa.gov">http://www.samhsa.gov</a>
Substance Abuse and Mental Health Services Administration	Information on programs and publications for improving the quality and availability of substance abuse prevention, alcohol and drug addiction treatment, and mental health services.	Health Care Professionals	<a href="http://www.samhsa.gov/">http://www.samhsa.gov/</a>
<b>Cultural Considerations</b>			
National Institute of Mental Health	A colored, easy-to-read brochure called "Stories of Depression/Historias personales sobre la depresion," Spanish Version.	Patients and Families	<a href="http://www.nimh.nih.gov">http://www.nimh.nih.gov</a> Publication No. 03-5122 del NIH English version NIH Publication No. 05-5084
National Institute of Mental Health	Spanish resources. "Depression," a 27-page booklet about depression, and treatment.	Patients and Families	<a href="http://www.nimh.nih.gov">http://www.nimh.nih.gov</a> NIH Publication No. NIH-04-3561 (SP)
U.S. Dept of Health & Human Services, Office of Minority Health	Resources and information to improve and protect the health of racial and ethnic minority populations through the development of health policies and programs that will eliminate health disparities.	Patients and Families/ Health Care Professionals	<a href="http://www.minorityhealth.hhs.gov">http://www.minorityhealth.hhs.gov</a>
<b>Drug Interactions</b>			
Epocrates Online	Interactive tool for common drug interactions. Includes information on severity and dosing recommendations.	Health Care Professionals	<a href="https://online.epocrates.com">https://online.epocrates.com</a>
Medscape	Drug interaction checker	Health Care Professionals	<a href="http://www.medscape.com/druginfo/druginterchecker">http://www.medscape.com/druginfo/druginterchecker</a>
University of Maryland Medical Center	Interactive drug checker	Health Care Professionals	<a href="http://www.umm.edu/adam/drug_checker.htm">http://www.umm.edu/adam/drug_checker.htm</a>

**Implementation Tools and Resources Table**

Author/Organization	Title/Description	Audience	Web Sites/Order Information
<b>Electroconvulsive Therapy</b>			
American Academy of Family Physicians	Depression: Electroconvulsive Therapy Handout	Patients and Families/ Health Care Professionals	<a href="http://familydoctor.org/familydoctor/en/diseases-conditions/depression/treatment/how-electroconvulsive-therapy-works.html">http://familydoctor.org/familydoctor/en/diseases-conditions/depression/treatment/how-electroconvulsive-therapy-works.html</a>
<b>General</b>			
American Psychiatric Association	Let's Talk about Depression (8-page booklet)	Patients and Families	American Psychiatric Publishers 1-800-368-5777 #2351; \$49.00/50
American Psychiatric Association	Provides mental health news, online CME programs and legislation. Links to MEDEM for patient information.	Patients and Families/ Health Care Professionals	<a href="http://www.psych.org">http://www.psych.org</a>
Dennis Greenburger and Christine Padesky	Mind over Mood (215-page workbook)	Patients and Families	Bookstores
DVD Resource	Understanding Depression: Hope through Treatment <b>and</b> Understanding Depression: The Suicide Connection	Patients and Families	<a href="http://www.understandingdepression.org">http://www.understandingdepression.org</a>
ICSI	Workplace Impact of Collaborative Care Models for Depression	Health Care Professionals	<a href="https://www.icsi.org/_asset/s9p6bx/White-Paper-on-Collaborative-Care-Model-ROI.pdf">https://www.icsi.org/_asset/s9p6bx/White-Paper-on-Collaborative-Care-Model-ROI.pdf</a>
National Alliance for the Mentally Ill	Advocacy, links to Minnesota chapter support groups	Patients and Families/ Health Care Professionals	<a href="http://www.nami.org">http://www.nami.org</a>
National Institute of Mental Health	This government-sponsored site provides comprehensive information on the following topics: clinical trials, research and funding opportunities, and patient education materials for adults and children. Links to PubMed, MedlinePlus and other relevant sites are available.	Patients and Families/ Health Care Professionals	<a href="http://www.nimh.nih.gov">http://www.nimh.nih.gov</a>
National Library of Medicine MedlinePlus	This government-sponsored comprehensive site provides information on medications, diagnosis, treatments, clinical trials and links to other relevant sites. Spanish versions of some patient education materials are also provided.	Patients and Families/ Health Care Professionals	<a href="http://www.nlm.nih.gov/medlineplus">http://www.nlm.nih.gov/medlineplus</a>  Toxicology Data Network can be found at <a href="http://toxnet.nlm.nih.gov/">http://toxnet.nlm.nih.gov/</a>

**Implementation Tools and Resources Table**

Author/Organization	Title/Description	Audience	Web Sites/Order Information
<b>General (Continued)</b>			
National Mental Health Association	Provides patient information, depression screening tool, community resources and discussion board.	Patients and Families/ Health Care Professionals	<a href="http://www.nmha.org">http://www.nmha.org</a>
The National Suicide Lifeline		Patients and Families	1-800-273-TALK 1-800-273-8255
Stratis Health Culture Care Connection	One significant resource is fact sheets on numerous culturally diverse populations living in Minnesota. Includes information on such issues as social structure, diet, religion, health care beliefs and successful ways to communicate with people of the specific culture.	Patients and Families/ Health Care Professionals	<a href="http://www.culturecareconnection.org">http://www.culturecareconnection.org</a>
Texas Department of State Health Services	The Texas Medication Algorithm Project (TMAP)	Health Care Professionals	<a href="http://www.dshs.state.tx.us/mhsa">http://www.dshs.state.tx.us/mhsa</a>
<b>Perinatal</b>			
The Marcé Society for Perinatal Mental Health	An international society for the understanding, prevention and treatment of mental illness related to childbearing. Dedicated to supporting research and assistance surrounding prenatal and postpartum mental health for mothers, fathers and their babies.	Patients and Families/ Health Care Professionals	<a href="http://www.marcesociety.com">http://www.marcesociety.com</a>
Massachusetts General Hospital Center for Women's Mental Health	Resources and information on reproductive psychiatry	Health Care Professionals	<a href="http://www.womensmentalhealth.org">http://www.womensmentalhealth.org</a>
Med Ed PPD	Online education about perinatal mental health and treatment options.	Patients and Families/ Health Care Professionals	<a href="http://mededppd.org/">http://mededppd.org/</a>
Minnesota Department of Health	Clinical Guidelines for Implementing Universal Postpartum Depression Screening in Well Child Checks <b>and</b> Documenting and Charting for Postpartum Depression in Well Child Checks	Patients and Families	<a href="http://www.health.state.mn.us/divs/cfh/topic/pmad/">http://www.health.state.mn.us/divs/cfh/topic/pmad/</a>

**Implementation Tools and Resources Table**

Author/Organization	Title/Description	Audience	Web Sites/Order Information
<b>Perinatal (Continued)</b>			
Organization of Teratology Information Specialists	A non-profit organization made up of individual services throughout North America providing evidence-based, clinical information to patients and health care professionals about exposures during pregnancy and lactation. Ongoing research on antidepressant use during pregnancy, autoimmune disorders, vaccines and medication in pregnancy surveillance system.	Patients and Families/ Health Care Professionals	<a href="http://mothertobaby.org/">http://mothertobaby.org/</a>
Postpartum Stress Center	Books, articles and information on PPD	Patients and Families/ Health Care Professionals	<a href="http://www.postpartumstress.com/">http://www.postpartumstress.com/</a>
Postpartum Support International	Provides information on postpartum depression for clinicians as well as patients/consumers interested in learning more about postpartum depression. Expanded section for dads.	Patients and Families/ Health Care Professionals	<a href="http://www.postpartum.net">http://www.postpartum.net</a>
Pregnancy and Postpartum Support Minnesota (PPSM)	A group of mental health and perinatal practitioners, service organizations and mother volunteers offering emotional support and treatment to Minnesota families through the perinatal years.	Patients and Families	<a href="http://www.ppsupportmn.org">http://www.ppsupportmn.org</a>
Wisconsin Association for Perinatal Care	Provide resources to improve the health of babies, mothers and families from preconception to early childhood. Site includes algorithms and medication charts for depression in perinatal women.	Patients and Families/ Health Care Professionals	<a href="http://www.perinatalweb.org">http://www.perinatalweb.org</a>