Study Selection Flowchart:
Healthy Lifestyles

Potential articles from initial two literature searches (n = 244)

Excluded by ICSI staff in abstract review (n = 104)

Initial review of abstracts by work group members (n = 140)

Excluded by work group members (n = 36)

Detailed review by work group members during writing phase of guideline (n = 104)

Excluded (n = 33)

Articles incorporated into guideline (n = 71)

Articles supporting formal recommendation (n = 30)

Final references (n = 152)

Addition of articles by work group members and ICSI staff found through individual searches (n = 81)