

# Implementation Tools and Resources

## Criteria for Selecting Resources

The following tools and resources specific to the topic of the guideline were selected by the work group. Each item was reviewed thoroughly by at least one work group member. It is expected that users of these tools will establish the proper copyright prior to their use. The types of criteria the work group used are:

- The content supports the clinical and the implementation recommendations.
- Where possible, the content is supported by evidence-based research.
- The author, source and revision dates for the content are included where possible.
- The content is clear about potential biases, and conflicts of interests and/or disclaimers are noted where appropriate.

## Implementation Tools and Resources Table

Author/Organization	Title/Description	Web Sites/Order Information
<b>Resources</b>		
100 Million Healthier Lives, convened by the Institute for Healthcare Improvement	This site has links to numerous tools to help you work in collaboration with your community to fight the opioid epidemic.	<a href="http://www.100mlives.org/approach-priorities/#opioid">http://www.100mlives.org/approach-priorities/#opioid</a>
Institute for Functional Medicine	Information for clinicians about functional medicine.	<a href="https://www.functionalmedicine.org">https://www.functionalmedicine.org</a>
International Association for the Study of Pain	IASP Taxonomy has definitions of pain. The patient resources section has links to numerous resources.	<a href="http://www.iasp-pain.org/index.aspx">http://www.iasp-pain.org/index.aspx</a>
Minnesota Dental Association Protocol for Assessment and Treatment of Oral/Facial Pain		<a href="http://mndental.org/files/MDA-Protocol-1.pdf">http://mndental.org/files/MDA-Protocol-1.pdf</a>
National Center for Complementary and Integrative Medicine	Patient and provider education materials.	<a href="http://nccih.nih.gov/">http://nccih.nih.gov/</a>
Substance Abuse and Mental Health Services Administration	Patient and provider education materials.	<a href="http://www.samhsa.gov/">http://www.samhsa.gov/</a>
Turn the Tide Rx Campaign	This site is sponsored by the Office of the Surgeon General to help fight the opioid epidemic.	<a href="http://turnthetiderx.org/">http://turnthetiderx.org/</a>
U.S. Department of Health and Human Services/ National Institutes of Health	Patient education material on prescription drugs: abuse and addiction.	<a href="http://www.drugabuse.gov/sites/default/files/rrprescription.pdf">http://www.drugabuse.gov/sites/default/files/rrprescription.pdf</a>
U.S. Department of Justice, Drug Enforcement Administration (DEA)	Information about efforts to prevent diversion of drugs of abuse, drug uses and effects.	<a href="http://www.DEAdiversion.usdoj.gov">http://www.DEAdiversion.usdoj.gov</a>  <a href="http://www.getsmartaboutdrugs.com">http://www.getsmartaboutdrugs.com</a>
U.S. Food and Drug Administration	FDA has resources related to opioids including provider and patient education such as appropriate disposal.	<a href="http://www.fda.gov/Drugs/Drug-Safety/InformationbyDrugClass/ucm337852.htm">http://www.fda.gov/Drugs/Drug-Safety/InformationbyDrugClass/ucm337852.htm</a>
U.S. Food and Drug Administration  ER/LA Opioid Analgesics REMS	The Extended-Release and Long-Acting Opioid Analgesics Risk Evaluation and Mitigation Strategy. A Risk Evaluation and Mitigation Strategy (REMS) is a strategy to manage known or potential serious risks associated with a drug product and are required by the Food and Drug Administration (FDA) to ensure that the benefits of a drug outweigh its risks.	<a href="http://www.er-la-opioidrems.com/IwgUI/rems/products.action">http://www.er-la-opioidrems.com/IwgUI/rems/products.action</a>
Veterans Association Patient Education Materials	Taking Opioids Responsibly for Your Safety and the Safety of Others: Patient Information Guide on Long-term Opioid Therapy for Chronic Pain	<a href="http://www.healthquality.va.gov/guidelines/Pain/cot/OpioidTherapyforChronicPainPatientTool-20May2013print.pdf">http://www.healthquality.va.gov/guidelines/Pain/cot/OpioidTherapyforChronicPainPatientTool-20May2013print.pdf</a>

Author/Organization	Title/Description	Web Sites/Order Information
<b>Implementation Tools</b>		
Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST)	Opioid assessment tool/substance use risk.	<a href="http://www.who.int/substance_abuse/activities/assist_test/en/">http://www.who.int/substance_abuse/activities/assist_test/en/</a>
American Psychiatric Association	DSM-5	<a href="https://www.psychiatry.org/psychiatrists/practice/dsm">https://www.psychiatry.org/psychiatrists/practice/dsm</a>
CAGE-AID	Alcohol screening plus substance abuse and mental health.	<a href="http://www.integration.samhsa.gov/images/res/CAGEAID.pdf">http://www.integration.samhsa.gov/images/res/CAGEAID.pdf</a>
Centers for Disease Control and Prevention	Calculating total daily dose of opioids for saver dosing.	<a href="http://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf">http://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf</a>
Clinical Opiate Withdrawal Scale (COWS)	Opioid withdrawal signs and symptoms.	<a href="https://www.drugabuse.gov/sites/default/files/files/ClinicalOpiate-WithdrawalScale.pdf">https://www.drugabuse.gov/sites/default/files/files/ClinicalOpiate-WithdrawalScale.pdf</a>
DIRE score	Opioid Assessment tool	<a href="http://integratedcare-nw.org/DIRE_score.pdf">http://integratedcare-nw.org/DIRE_score.pdf</a>
Faces Pain Scale	For clinical, educational, or research purposes, use of the FPS-R is free of charge, and permission for use is not needed, <i>provided that the scale is not modified or altered in any way</i> . Please download the FPS-R and instructions.	Faces Pain Scale – Revised, © 2001, International Association for the Study of Pain ( <a href="http://www.iasp-pain.org/FPSR">http://www.iasp-pain.org/FPSR</a> )
GAD-7	Anxiety screen	<a href="http://www.integration.samhsa.gov/clinical-practice/GAD708.19.08Cartwright.pdf">http://www.integration.samhsa.gov/clinical-practice/GAD708.19.08Cartwright.pdf</a>
National Institute on Drug Abuse	The National Institute on Drug Abuse has a simple 4-question screen for drug use in general medical settings.	<a href="https://www.drugabuse.gov/nmassist/?q=qm_json&amp;pageId=questions_1&amp;pageName=QuickScreen&amp;token_id=136912#">https://www.drugabuse.gov/nmassist/?q=qm_json&amp;pageId=questions_1&amp;pageName=QuickScreen&amp;token_id=136912#</a>
Oswestry Low Back Disability Index	Functional/QOL Assessment	<a href="http://www.rehab.msu.edu/_files/_docs/Oswestry_Low_Back_Disability.pdf">http://www.rehab.msu.edu/_files/_docs/Oswestry_Low_Back_Disability.pdf</a>
Pain intensity, Interference with enjoyment of life, and Interference in general activity (PEG)	Multidimensional pain Intensity and interference	See Appendix E
PHQ-9	Depression screen	<a href="http://www.phqscreeners.com/sites/g/files/g10016261/f/201412/PHQ-9_English.pdf">http://www.phqscreeners.com/sites/g/files/g10016261/f/201412/PHQ-9_English.pdf</a>
Roland-Morris Disability Scale	The original questionnaire and all translations are in the public domain. No permission is required for their use or reproduction.	<a href="http://www.rmdq.org">http://www.rmdq.org</a>

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<b>Author/Organization</b>	<b>Title/Description</b>	<b>Web Sites/Order Information</b>
<b>Implementation Tools (continued)</b>		
The Primary Care PTSD Screen Tool (PC-PTSD)	Commonly used tool to screen for PTSD.	<a href="http://www.integration.samhsa.gov/clinical-practice/pc-ptsd.pdf">http://www.integration.samhsa.gov/clinical-practice/pc-ptsd.pdf</a>