

October 2018 Issue

MN HEALTH COLLABORATIVE EVENT
TOBACCO HEALTH SYSTEMS CHANGE: PUBLISHED ARTICLE



MN Fierce: Tackling Mental Health and the Opioid Epidemic

We had a great turn out for our September 25th event, *MN Fierce: Tackling Mental Health and the Opioid Epidemic*. To those who were able to join us, **thank you** for your commitment to the work of the MN Health Collaborative on behalf of our communities.

The purpose of this event was to share the MN Health Collaborative efforts in opioids and mental health; including building connections with working group members and across organizations, discussing ways these efforts can be further disseminated into our communities and to gain resources for addressing opioids in primary care and surgical settings, and addressing mental health needs in the ED and in primary care.

A few themes we heard throughout the event from speakers and participants:

- **Connection matters.** Illustrated so well in Bridget Duffy's

presentation relating to her family experience in the struggles with drug addiction and mental health. A similar message also echoed in Dr. Suzanne Witterhol's (Allina Health) presentation on addressing suicidal behaviors. To learn more about Bridget Duffy's efforts, click [here](#).

- **Radical continuity of care.** The people we serve and their families experience a continuity of suffering and recovery, how do we in healthcare provide them continuity of support? Across organizations, across sectors?
- And finally, **Are we there yet?** With long-time entrenched and complex challenges such as these, it can seem the destination is so far away. "We're not there yet, but together, I believe we are really getting somewhere" ~ Joseph Bianco, M.D., Essentia Health

To learn more about the MN Health Collaborative, including access to our Mental Health and Opioid Overview documents, click [here](#).





Jump Starting Tobacco Health Systems Change



For the last three years ICSI has partnered with ClearWay Minnesota to increase the capacity of health systems to assess and address tobacco use and dependence with practical offerings for healthcare systems change. Through this work, our organizations were able to develop the Jump Start Model to meet clinics where they are by creating more focused trainings. To learn more about this approach, read the published [article](#) in the MetroDoctors September/October edition.

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(952) 814-7060
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