



March 2018 Issue

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Welcome, New ICSI Members

ICSI's Board of Directors has approved two organizations to ICSI membership. We welcome [Sanford Health](#), serving rural communities and headquartered in the Dakotas, with 45 hospitals and 289 clinics in nine states and three countries. In addition, we re-welcome [Medica](#), with health plans providing coverage to individuals in Iowa, Kansas, Minnesota, Nebraska and North Dakota, and to employers, third-party administrators and government programs in Minnesota and select counties in Wisconsin, North Dakota and South Dakota.



Both Sanford and Medica will have experts serving on the MN Health Collaborative working groups.



MN Health Collaborative - On the Road

Will you be at the [MDH Health Care Home Learning Days](#)? It's a good time to learn more about the [MN Health Collaborative](#) and how 14 of the largest health care organizations in the state are working together to address opioids and mental health. The presentation is **Tuesday April 3 at 11 a.m.**

On Friday April 6, ICSI President Dr. David Abelson will join MN Governor Mark Dayton, U.S. Senator Amy Klobuchar, U.S. Representative Tom Emmer and other legislative and multi-sectoral state leaders in speaking at the [Shared Solutions Addiction Summit: Addressing the Opioid Epidemic through Collaboration](#). Dr. Abelson will speak to the need for collaborative action to solve complex problems such as opioid misuse.



Gazelka Appointed to National Task Force



[MN Health Collaborative](#) member Halena Gazelka, M.D., chair of the Mayo Clinic Opioid Stewardship Program, has been appointed by U.S. Department of Health and Human Services (HHS) Secretary Alex Azar to serve on the newly established Pain Management Best Practices Inter-Agency Task Force. Established by the Comprehensive Addiction and Recovery Act of 2016, the Task Force is charged with identifying inconsistencies in pain management best practices among federal agencies and proposing solutions to resolve the inconsistencies.

"As the public and policymakers engage in debate and action on this public health epidemic, Mayo Clinic is well positioned to bring a strong and thoughtful voice to this important debate, drawing upon our expertise in integrated clinical care, research and education. I am delighted to be part of the Task Force and help drive solution for this major public health issue," says Dr. Gazelka.

Dr. Gazelka, an anesthesiologist and practicing pain specialist, holds a key role in the MN Health Collaborative working groups on opioid acute and post-op prescribing, and on the group providing oversight and alignment for Collaborative opioid efforts.



New Scientific Documents Available

Low Back Pain Guideline

A newly revised sixteenth edition of the Adult Acute and Subacute Low Back Pain Guideline is now available on the ICSI website. The guideline focuses on diagnosis and management of acute and subacute low back pain. For this edition, the low back pain work group focused on streamlining the guideline, making it a more user-friendly and practical tool for providers.

E-Cigarette Evidence Brief

The Healthy Lifestyles Guideline work group has developed an evidence brief on e-cigarettes which is now available. The brief examines the safety of e-cigarettes as well as their use as a tobacco cessation tool. Its goal is to give providers a quick summary

of the main issues surrounding e-cigarettes and provide key takeaways for discussion with patients.

Find them on the [Guidelines webpages](#).



ICSI Workshops

Forum for Advancing Tobacco Health Systems Change: Practical Strategies for Diverse Populations *Tuesday, April 24, 2017 | Wilder Center, St Paul*

FREE EVENT! Learn and gain tips from clinics working with varied populations disproportionately affected by smoking. Keynote Melissa Nystrom of Chas Health Community Health Centers in Washington will speak to their work successfully scaling and embedding addressing tobacco at all nine of their primary care clinics.

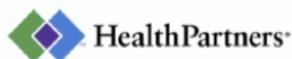
[Register and learn more here.](#) (Check out the new toolkit as well!)



The Complete System - Leading High Value Care *May 3 | Brooklyn Park* *May 10 | Redwood Falls*

This **FREE** interactive workshop focuses on appreciating and building the "complete system", including the attitudinal and operational infrastructure needed to thrive in the new health care environment focused on value. Topics include coalition building, capacity and resource management, aligning incentives, story-telling with data, and joy and flourishing. **If you enjoyed Prime the Pump or the Catalyst's Field Guide, this workshop takes you to the next level!**

[Register and learn more here.](#)



May 4 Event- Healing Through Story

In a method developed based on research about the healing power of storytelling, **Michael Bischoff** will share his story of living with aggressive brain cancer. His neuro-oncologist, **Dr. John Trusheim**, will tell the story of his path as a health care provider and his experience working with Michael. [Learn more about this special May 4 event, supported by the Health Story Collaborative.](#) A workshop about the research and process behind this method follows.



Thank you, Cally Vinz



We extend our gratitude and many good wishes to ICSI Vice President, Cally Vinz, RN, who has retired after 13 years at ICSI. Cally led the ICSI guideline program and high tech diagnostic imaging, amongst other initiatives, and had a pivotal role in the advancement of MN Health Care Home with the Minnesota Department of Health.

Cally states: "It has been my pleasure to have been involved with ICSI over the past 20+ years and my privilege to have served as ICSI's Director and Vice President. Initially I was hesitant at the idea of joining ICSI's team. I was pretty comfortable where I was at in Rochester and kept asking myself "who in their right mind would drive 180 miles round trip to come and go from work!" But the work was so compelling and the organization so respected that I had to embrace the opportunity - "at least for a few years." I look forward to having more time available for my family, grandchildren, mom, friends and all those passions I have yet to discover! I know I leave ICSI in good hands and have such confidence and optimism for its future."



25 Years of Improvement

It's ICSI's 25th anniversary! In 1993, ICSI founders created the Institute for Clinical Systems Integration, with the mission "...to help the care systems of its participating organizations become living laboratories for continuous improvement in the quality and value of health care and in the overall health of the population served." The first employees included Gordon Mosser, MD, as President and CEO. Founding member organizations were Group Health, Mayo and Park Nicollet.

Here's a flashback: ICSI members completed its first draft of its first clinical practice guideline in March 1993, *Uncomplicated Urinary Tract Infections in Women*.

In addition, that year 30 physicians participated in prototype development of a workstation that employed a Windows-like interface.

ICSI members: Forward-thinking then and now. [Find out more about today's ICSI here.](#)



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