**October 2019 Newsletter**

**FALL FRIDAY WORKSHOPS**

**NATIONAL RX TAKE BACK DAY**

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**ICSI Forum 2020**

*It's time to get together!* Look for an announcement coming soon regarding ICSI's new Forum on May 19-20, 2020. Join us for sharing and learning and imagining what we can do together to tackle our toughest healthcare problems. The focus will be on actions our communities are taking to build a stronger mental health system, integrate social needs into healthcare, and reduce opioid related deaths. Can't wait to see you there!

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**ICSI Presents**

**Fall Friday Workshops**

Looking for local, affordable professional development options? ICSI is excited to offer two workshops that will transform the way you talk about change, both
Lead Courageous QI with Improv & Collaboration

**Date:** Friday, November 1st  
**Time:** 8 a.m. - Noon  
**Location:** ICSI Offices

Strengthen your ability to lead QI conversations by adopting an improvisational mindset and applying adaptive collaboration methods. Learn more and [register!](#)

Motivational Interviewing

**Date:** Friday, November 15th  
**Time:** 8 a.m. - Noon  
**Location:** ICSI Offices

If you are looking to have more collaborative conversations about change, this session is for you. Learn more and [register!](#)

Contact pstaack@icsi.org for questions.

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**National Rx Take Back Day**  
**Mark Your Calendars!**

The [Drug Enforcement Administration](https://www.dea.gov) (DEA) recently announced October 26th as the [National Prescription Drug Take Back Day](https://www.justice.gov) to provide an opportunity for our communities to prevent drug addiction and overdose deaths. Too often unused prescription drugs find their way into the wrong hands. According to the 2018 National Survey on Drug Use and Health, 9.9 million Americans misused controlled prescription drugs. The study showed that a majority of abused prescription drugs were obtained from family and friends, often from the home medicine cabinet.

The MN Health Collaborative encourages participation in this event, and reminds communities to use additional drug drop-off sites throughout the year. Many organizations have enhanced options for proper disposal of unused medications to prevent drug addiction and overdose deaths.

This effort makes a difference! Here are some national statistics from the same initiative in April 2019:

- Total Law Enforcement Agency Participation: 4,969
- Total Collection Sites: 6,258
- Total Weight Collected: 937,443 lbs. (468.72 Tons)

Click [here](#) to see a breakdown by state.
Visit this [website](#) for more resources and locate a collection site near you.