



## January 2020 Newsletter

ACUTE AND POST-OPERATIVE OPIOID PRESCRIBING  
SUICIDE PREVENTION AND INTERVENTION  
IBH IMPLEMENTATION ECHO  
MODEL. METHODS. MINDSET.  
PERIOPERATIVE GUIDELINE AVAILABLE  
ICSI BOARD UPDATE



# Stronger Together.

**Save the Date**

May 20, 2020

Featuring the *Improv for Healthcare Leaders* training opportunity!

\* Registration coming in January \*



**mnhealth**  
COLLABORATIVE  
activated by **icsi.**

### ICSI Director Tani Hemmila Interviewed on RadioRev

Tani Hemmila, MS, ICSI's Director for the [MN Health Collaborative](#), was interviewed recently on RadioRev, a healthcare podcast for change



makers looking to do more than just health engagement by helping people to take action and do things that improve their health. RadioRev produced by Revel, is a Minneapolis-based company that develops health action solutions for the largest healthcare plans in the United States. Continue reading the full article [here](#).

For more information on these topics and ways in which ICSI plans to impact healthcare within Minnesota in 2020, [be sure to listen to the entire podcast on Radio Rev here](#).



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## MN Health Collaborative and ICSI Share Results from Applying Community Standards for Acute and Post-Operative Opioid Prescribing

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***2.1 million fewer pills prescribed by physicians as a result of collaborative efforts across major Minnesota healthcare systems to create stronger, patient-centered prescription practices for opioids.***

Representatives from the [MN Health Collaborative](#) and ICSI have released initial results from a nearly two-year effort to implement new acute-care and post-surgical prescription standards for opioids. Physicians and their teams are working together within the Collaborative to develop safer prescribing practices based on individual patient needs, and procedure-specific community standards for opioid use to provide guidance to all prescribers.

[Read more...](#)

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## New Shared Standards for Suicide Prevention and Intervention Show Results for Providers

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Last spring the [MN Health Collaborative](#) announced a new set of evidence-based recommendations for suicide prevention and intervention in Emergency Departments. These standards, adapted by work groups consisting of physicians and other leaders from Emergency Departments and psychiatry, are rooted in the mix of combined experience of MN Health Collaborative's members, shared learnings about tools and current or planned practices in use, and review of existing relevant literature.

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## IBH Implementation ECHO

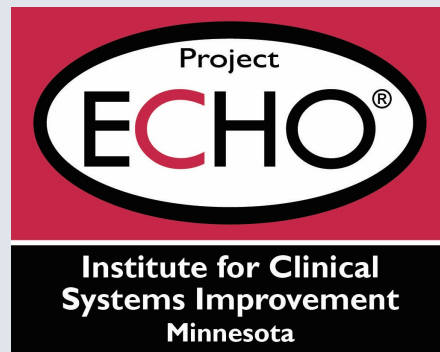
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***What could it look like to have Minnesota's metro and rural health systems be able to quickly and easily share knowledge about efforts to integrate behavioral health (IBH) into primary care?***

In 2019, more than 12 health systems decided to find out by joining the [MN Health Collaborative IBH](#) Implementation ECHO. Designed to spread learning from the MN Health Collaborative health systems that worked together to develop and adopt a statewide community standard for IBH called the Cross Model Framework, organizations engaged in an "all teach, all learn" approach which included web-enabled, case-based virtual learning sessions to promote collaborative learning and sharing of best practices across communities.

These participating organizations have been meeting since November 2019: Community Health Services Inc., Entira Family Clinics, Fairview Range: Fairview Mesaba Clinic Hibbing, Lake Superior Community Health Services, Open Door Health Center, Ortonville Area Health Services, Allina Health, Children's MN, Hennepin Healthcare, M Health Fairview, North Memorial Health and Sanford Health.

To learn [more](#) about ECHO contact [jmonkman@icsi.org](mailto:jmonkman@icsi.org).



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### Model. Methods. Mindset.

These three elements make up the Quality Improv(e) framework, ICSI's adaptive approach to classic quality improvement that marries the Model for Improvement to improvisation and adaptive engagement methods. Leaders today need a

robust set of tools allowing flexible ways to engage people in improvement. This workshop explores how improv, design thinking, appreciative inquiry, TRIZ and adaptive leadership principles can change your conversations and boost your improvement efforts. Bring your team to this fun event and make it a mini-retreat!



[Register](#) for the Lead Courageous QI with Improv & Collaboration today.

For more information email [shorst@icsi.org](mailto:shorst@icsi.org). Take a moment to [view a sample](#) of "The Science of Improvement and the Art of Improvisation" presentation and more information on ICSI Quality Improv(e) Framework and training options.

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**Perioperative Guideline Available:  
Revision Date: December 2019/Sixth Edition**

The ICSI Perioperative Guideline has been enhanced to include a new section, **Perioperative Opioid Management**, which was developed by a separate work group and reviewed and approved by the Perioperative Guideline work group. The new section addresses the entire continuum of Perioperative Opioid Management (preoperative, intraoperative and postoperative).

The Perioperative Guideline addresses and includes recommendations on the following topics: General Preoperative Management, Perioperative Management of Select Conditions and Perioperative Opioid Management. To learn more about this guideline, click [here](#).

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**ICSI Board of Directors Update**

We are honored to announce these leaders to the [ICSI Board of Directors](#).

**Chair:**

Kara Tomlinson, MD, MBA  
Vice President, High Reliability - M Health Fairview

**Vice Chair:**

Oyebode Taiwo, MD, MPH  
Global Medical Director, Corporate Occupational Medicine - 3M

**Secretary:**

Kris Kopski, MD, PhD  
Medical Director, Primary Care Population Health - Park Nicollet Health Services

Dr. Kara Tomlinson and Dr. Oyebode Taiwo are new to their positions, and will

serve two-year terms. Dr. Kris Kopski was re-elected and will serve a one-year term.



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