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Physician Burnout in the Time of COVID-19

By Dr. Claire Neely, ICSI President & CEO

In the past few years, our healthcare industry has done a better job of addressing issues around mental health for our healthcare

professionals with new programs to help promote the wellbeing and emotional resiliency.

Although progress has been made, nothing can prepare our caregivers for the impact of the COVID-19 crisis on their mental health.

[Read the rest of Dr. Neely's article here.](#)



Mental Health Support for Healthcare: Join an Important Series of Calls

Providers and other health leaders across the state are coming together to proactively support the mental and emotional health of our healthcare workforce during the COVID-19 crisis. During these interactive Zoom calls participants present implementation strategies to support our workforce followed by a Q&A forum to share information as it happens. ICSI collects and curates these learnings in real time to help build a shared knowledge network.

This series is free of charge and open to everyone. Help us spread the word so that we can all learn together as we face this challenging crisis.

[**CLICK HERE TO LEARN MORE ABOUT THE SERIES & REGISTER.**](#)

Reminder: Visit our [**Mental Health Resource site**](#) to see the latest resources and information on mental health for our COVID-19 caregivers.



ROBERT F. BUKATY _ ASSOCIATED PRESS

Last week we noticed an excellent opinion piece written by primary care providers on the frontlines of COVID19. In case you missed it, here's an excerpt and a quick link for your convenience.

How it feels to practice medicine amid a pandemic

via StarTribune

People say that health care workers are heroes in these times. Yet for many physicians that doesn't ring true. Although we chose to be physicians whose duty is to care for the sick, most of us never expected to work in a pandemic and cope with the profound changes COVID-19 has brought to our way of life.

Because we are both doctors, we are asked daily how we are doing. Here is what we feel (and what we've heard about from our colleagues). Fear. We are afraid of catching the virus, too. We have witnessed respiratory failure and death up close, and we worry about our colleagues. Some of them have died. [Read the rest of the article on StarTribune.com here.](#)

Follow us for the latest on ICSI and the MN Health Collaborative.

