## People working on the front lines of COVID-19 are experiencing unparalleled levels of stress.



## We want to support all those who are working hard to save lives.

That's why a group of mental health professionals have come together to provide free support sessions to people in Minnesota working in healthcare, essential personnel, and first responders.

They have volunteered their time to provide support and a listening ear. Available seven days a week, now through August 31, 9AM to 9PM

To reach an on-call volunteer, visit https://www.mnpsychsoc.org



You're here for us. Let us be here for you.