

Member Groups Requesting Changes:

None

Member Groups that Reviewed the Guideline, No Changes Requested:

Fairview Health Services
Mayo Clinic

Member Groups that Responded but the Guideline Does Not Pertain to Practice:

None

Sponsoring Health Plans Requesting Changes:

HealthPartners Health Plan

Sponsoring Health Plans that Reviewed the Guideline, No Changes Requested:

None

GENERAL COMMENTS:

None

MEDICAL CONTENT:

Responses from HealthPartners Health Plan:

Annotation 8, Page 46 “Selection of an antidepressant medication”
Mayo has a SMD aid at: <http://shareddecisions.mayoclinic.org/decision-aid-inform>

Additional tools for SDM – i.e. conversation starters, etc. AHRQ SDM tools:
<http://www.ahrq.gov/professionals/education/curriculum-tools/shareddecisionmaking/tools/tool-2/index.html>

Thank you for your suggestion. ICSI has its own Shared-Decision Making that is referenced throughout the guideline and we prefer to list that tool as a resource for the clinics to use.

Annotation 8, page 48 “Is Medication Needed?” – suggest moving that to page 41 under “Patient Engagement”

Thank you for your response. This section has been changed.

SUPPORT FOR IMPLEMENTATION:

Response from HealthPartners Health Plan:

The ICSI Depression guideline would be improved if both the text, as well as the decision tree, were updated to put more emphasis on "shared decision-making" for those persons with a PHQ-9 that indicates mild or moderate depression.

There are 3 interventions (which are an alternative to medication) that are evidence-based for mild to moderate depression:

1. Exercise
2. Psychotherapy using CBT techniques
3. Social activation

Too many patients with a positive future nine for mild to moderate depression are offered a medication as the main or the only option. This leads to excessive medication non-adherence and to poor patient outcomes.

"Shared decision-making" regarding depression treatment options for all patients with mild to moderate depression is an evidence-based best practice.

HealthPartners Health Plan

Thank you for suggestions. This section has greatly been reconfigured to list all treatment options. Shared-Decision Making tool is referenced throughout the Treatment section. Please see the newly revised version of the guideline.

AIMS AND MEASURES:

No comments regarding Aims and Measures were received from the member groups or sponsoring health plans.