



## May 2019 Newsletter

MINNPOST ARTICLE

MAY 3 WEBINAR | MEDICAL CLEARANCE EVALUATION

NRHI SAN WEBINAR OPPORTUNITY



**May is Mental Health Awareness Month**  
**#breakthestigma**

**NEW Webinar Opportunity!**



**mnhealth**  
COLLABORATIVE  
activated by **icsi.**

### **Integration of Behavioral Health in Primary Care: A Call to Action**

*Friday, May 17, 2019*

*Noon - 1:00 p.m.*

[Register here!](#)

In order to treat people's health as a whole, access to both physical and mental health services is important. Yet too many clinics struggle with integrating behavioral health into their primary care practices. The MN Health Collaborative believes integration can be done more effectively and has adopted a shared community standard being implemented in clinics throughout the state. Join us for this lunch-time webinar with presenters Mike Troy, PhD, Medical Director of Behavioral Health Services and Associate Medical Director of Children's Neuroscience Institute of Children's MN and Chris Beamish, LICSW, System Director, Behavioral Health Clinical Integration at Fairview Health Services.

They will share how leaders from primary care, psychiatry and behavioral health departments have come together to raise the bar for integrating behavioral health. This Call to Action will provide guidance to health systems that is evidence-based, as well as

adaptable to local context. You'll learn about the framework these systems have developed and adopted, tools and practices being used to improve care, and explore the common needs and themes across our community.

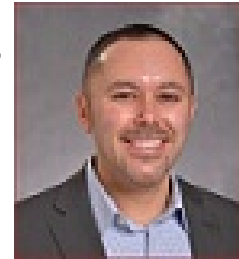
The MN Health Collaborative is an influential group of health leaders from 15 organizations working together to find solutions to healthcare's toughest challenges, including opioid misuse and addiction, and system improvements for broader mental health needs.

Contact [pstaack@icsi.org](mailto:pstaack@icsi.org) for further questions.



Mike Troy, PhD, Medical Director of Behavioral Health Services and Associate Medical Director of Children's Neuroscience Institute of Children's MN

Chris Beamish, LICSW, System Director, Behavioral Health Clinical Integration at Fairview Health Services



## MN Health Collaborative Featured in MinnPost

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### **New set of emergency department standards may help identify patients at high risk for suicide**

We are grateful that the work of MN Health Collaborative was featured in a news story by mental health reporter Andy Steiner. The [MinnPost story](#) describes how MN Health Collaborative partners have developed and implemented standards for suicide prevention and intervention in Emergency Departments (EDs) to improve care for people experiencing mental health crisis and support the people who serve them in EDs.

It's important to note that while the article speaks to universal screening only, the Collaborative recommendations also support the approach of conducting targeted screening with higher risk populations instead of universal screening. Each organization should choose the method that makes sense given its unique resources and population needs.

The MinnPost article includes interviews with Suzanne Witterholt, MD of Allina Health and Christopher Palmer, MD, medical director of North Memorial Health Hospital's ED. Both Dr. Witterholt and Dr. Palmer were instrumental in creating the new shared standards among others in the MN Health Collaborative working group. Read the full [Call to Action for Suicide Prevention and Intervention in the ED](#).

*Reminder:*  
**MN Health Collaborative  
Medical Clearance Evaluation in the ED Webinar**

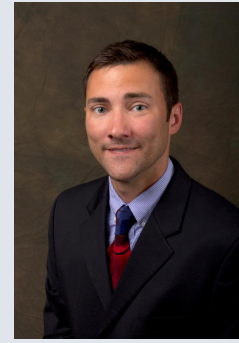
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Dr. Bruce Sutor,  
Mayo Clinic

Friday, May 3, 2019  
Noon - 1:00 p.m.

[Learn more and register!](#)



Dr. Michael  
Schwemm, Allina  
Health

[Read more](#) about the MN Health Collaborative, an influential group of health leaders from 15 organizations working together to find solutions to healthcare's toughest challenges, including opioid misuse and addiction, and system improvements for broader mental health needs.

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## NRHI San Webinar Opportunity From Burn Out to Buy In: Five Simple Tools to Re-ignite Your Improvement Efforts

May 23, 2019  
2:00-3:00 p.m. ET  
[Register here!](#)



Transformation - That's what we are all trying to do in health care today. We have an abundance of tools and resources, yet progress is not as fast as we would like. W. Edwards Deming asserts in his System of Profound Knowledge that psychology plays an equal role in improvement science to the more celebrated concepts of systems, knowledge of variation, and theory of knowledge.

In this Sustainability Module, Sarah Horst, MA, Institute for Clinical Systems Improvement, will explore the psychology of engaging people in change and share five simple tools to help you change the conversation about improvement. You will learn about:

- Collaboration as the "art" of improvement and its power when used in complement with traditional improvement science methods
- Applying improvisational communication techniques that help conversations go further faster
- Reframing the quality improvement focus from fixing problems to creating empathetic solutions and building from the positive

This session is geared toward Quality Improvement Advisors / Practice Coaches and others working directly with practice teams.

Additional resources can be found in the [NRHI SAN online community](#).

## Contact Us

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