

New from ICSI!

Mental Health Playbook

An actionable guide to support our healthcare workers

We're proud to announce that the new Mental Health Playbook is now available for everyone. The Mental Health Playbook walks you through key steps to assess, plan and implement an organization-wide strategy that supports the current and long-term mental and emotional health of your workforce.

This first edition of the playbook is focused primarily on the early crisis phase, but will continue to be built to support organizational planning to address the expected increase in mental health needs of the healthcare workforce in the future.

[Download ICSI's new Mental Health Playbook here.](#)

Mental Health Support for the Healthcare Workforce

Coming Up Wednesday June 3 | Noon-1

Our next set of speakers reflect the national attention this series has begun to receive. Attendees from healthcare organizations across the U.S. are welcome to attend these calls as we share information on new ways organizations are finding to support our healthcare workers.

Minnesota Resilience Action Plan

Providing Peer and Emotional Support to Frontline Workers

What is the buddy system we've been hearing about? Spurred by Col. Brian McGlinch, an Army Reserve hospital commander and assistant professor in the U

of M Department of Anesthesiology, a team of faculty has developed and deployed MinnRAP to protect the emotional well-being of M-Health Fairview healthcare workers. Our speakers will be:

- **Dr. Sophia Vinogradov**, Professor and Head, Department of Psychiatry and Behavioral Sciences, University of Minnesota
- **Dr. Barbara Gold**, Chief Clinical Risk Officer, University of Minnesota Physicians; Professor, Department of Anesthesiology, University of Minnesota
- **Dr. Jeffrey Wozniak**, Professor, Behavioral Sciences Division Director, Department of Psychiatry and Behavioral Sciences, University of Minnesota
- **Dr. Brian McGlinch**, Assistant Professor, Department of Anesthesiology, University of Minnesota; Colonel, Medical Corps, US Army Reserve Commander, 806 Army Hospital Center, Twinsburg, Ohio

Register Now

Reminder: Visit our [Mental Health Resource site](#) to see the latest resources and information on mental health for our COVID-19 caregivers.

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Moving Toward a Safe New Normal

By Dr. Claire Neely, ICSI President & CEO

What concerns me is that some people are equating "flattening the curve" with a return to our pre-pandemic lives. Of course, within all of us there is the hope that soon we can go back to "normal". We miss our lives as they were, and being with the people we love.

Unfortunately, the truth is that the "normal" we all long for is at minimum many months away. And honestly, we may never go back entirely to the way things were before the pandemic. [Read the rest of Dr. Neely's blog here.](#)



Don't miss our next Authentic Leadership series call with Sarah Horst!

Mark your calendar for our next webinar on Friday, June 19th. More than ever before, healthcare leaders need to be flexible, adaptive and nimble as they solve problems and care for patients in the era of COVID-19.

Join ICSI's Sarah Horst as she teaches leaders how to incorporate the guiding principles of improvisation, or "improv" into their work and create a culture ready to meet people where they are and move forward with a spirit of teamwork, collaboration, and psychological safety. [Click here to learn more.](#)

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